

VelaShape Treatment Information

VelaShape is virtually painless, has no down time and side effects are rare. Treatments will increase the metabolism and circulation of the areas treated. Skin of the treated areas will be pink and slightly warm for several hours post treatment.

Slight bruising may occur especially if you have a predisposition to bruise easily. Bruising may occur during the first few treatments and usually subsides rapidly. Although rare, the occurrence of a blister from treatment has been reported. If this occurs, use topical over-the-counter antibiotic ointment to keep the area moist and prevent infection. Cover the area with a Band-Aid for 48 hours. Please call **Harmony Skin & Wellness Clinic** (970)282-8266 regarding any problems or concerns. Your next treatment may be delayed until the area is healed.

Prior to Each Treatment:

Drink at least 16 oz of water one hour prior to the treatment and void your bladder before your appointment

Shave all areas to be treated

Treatment area should be clean with no lotions or other skin products

Wear your own undergarments. Thong underwear is preferred if the buttocks are to be treated.

Because of lymphatic drainage effect of the treatment, you may experience lightheadedness or nausea following the first two treatments. This may also occur the morning after the first treatment. Drinking plenty of water or eating a small meal will help this subside.

Bowel movements are normal soon after a treatment as the toxins in your system will be naturally flushed out

Do not eat a large meal prior to treatment on the abdominal area

Remove all body piercings on treatment areas prior to treatment. They may be put back immediately following treatment

This is a light treatment; discontinue any photo-sensitive medication, supplements, and herbs at least 3 days prior to treatment.

Completing a body cleanse during the beginning and then towards the end of your treatments can help flush toxins from your system and enhance results

Using a cellulite cream to treat the epidermal layers of the skin is highly recommended.

Creams can be applied after showering or after your treatment. Creams should be applied daily.

NORTHERN COLORADO'S PREMIERE AESTHETIC LASER CENTER SINCE 1999

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